

THE SHELTER

ISSUE #1
S.C.

Andrea Kirwin

New album BLOOM
Founder of Peace Run Records
in Nambour

- Deadly Espresso & SevGen
- Sam Hagen & Jandamarra
- Warwick Gow
- Demi Casha

A new beginning
for all of us

Where money goes
Culture follows

JANUARY - MARCH - 2021

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CULTURE SEEKERS

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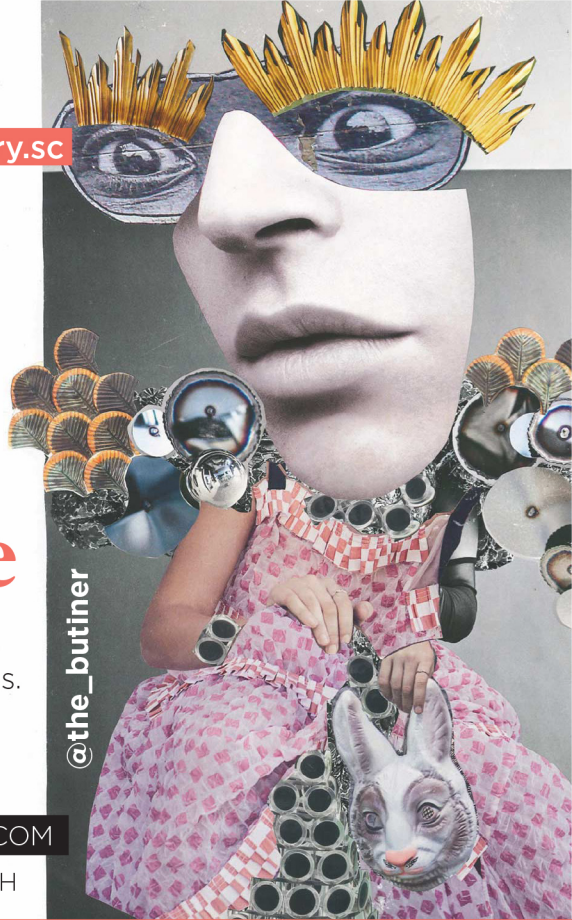
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LOVE LETTER

Dear Reader,

Thank you for picking up our first print issue and welcome to The Shelter, our Shelter.

When I say 'our' I mean you – you and us. The Shelter s.c is for everyone, from the people behind the making to all who open our pages.

Our purpose is to provide a home for local contemporary culture, a space to spread the art and its makers who inspire us all. During the creation of this issue we immersed ourselves in community – we had conversations with local creatives and our minds were consumed by local art in all its varied forms. It is a true honour to create a shelter for art and culture, a space where magic can flourish. I feel privileged to share local artists and their creative content with you all: here is a celebration of the doers in our community!

I created The Shelter from an experience that reminded me to live, to see the beauty in life. For this I appreciate and thank art and culture. The synergy generated from artistic practice, communication and social interaction is a special type of magic that is needed in this time and place. Emerging from the pandemic, we have seen how bad news can consume communities, and The Shelter is a response to this in providing a platform for good news, and an artist making art is always good news, right? This space is for the creators, the small business owners and entrepreneurs where their work can shine and spread their good news.

The Shelter wants to be here, right now. We will see where this journey into art and culture will take us, but for now, enjoy! This is a present for you.

MICA



THE SHELTER S.C.

I extend my heart in thank you to you all for believing in The Shelter. Thank you to all who helped behind the scenes; supporting, guiding and giving time and skills.

*Erin Thiele - Alex Lange - Megan Rowland - Brooke Bush -
Andrea Munoz - Alison Mooney - Bronwyn Adams -
Lola Lange - Rod Sampera - Lou Clark - Amelia Shaw -
FatDog - Maria Grana and Uma Lange.*

Thank you for bringing this magazine to life!

SEND US YOUR THOUGHTS OR CONTENT!
INFO@THESHELTERSC.COM



CULTURE SEEKERS

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Andrea Kirwin, Tia Carrigan, Mica Schettini



**NOTHING
TAKES 15
MINUTES**



We talk through money – we tie our values to it, we invest it in choices and places that reflect our beliefs and who we are.

It speaks of how we want to live.

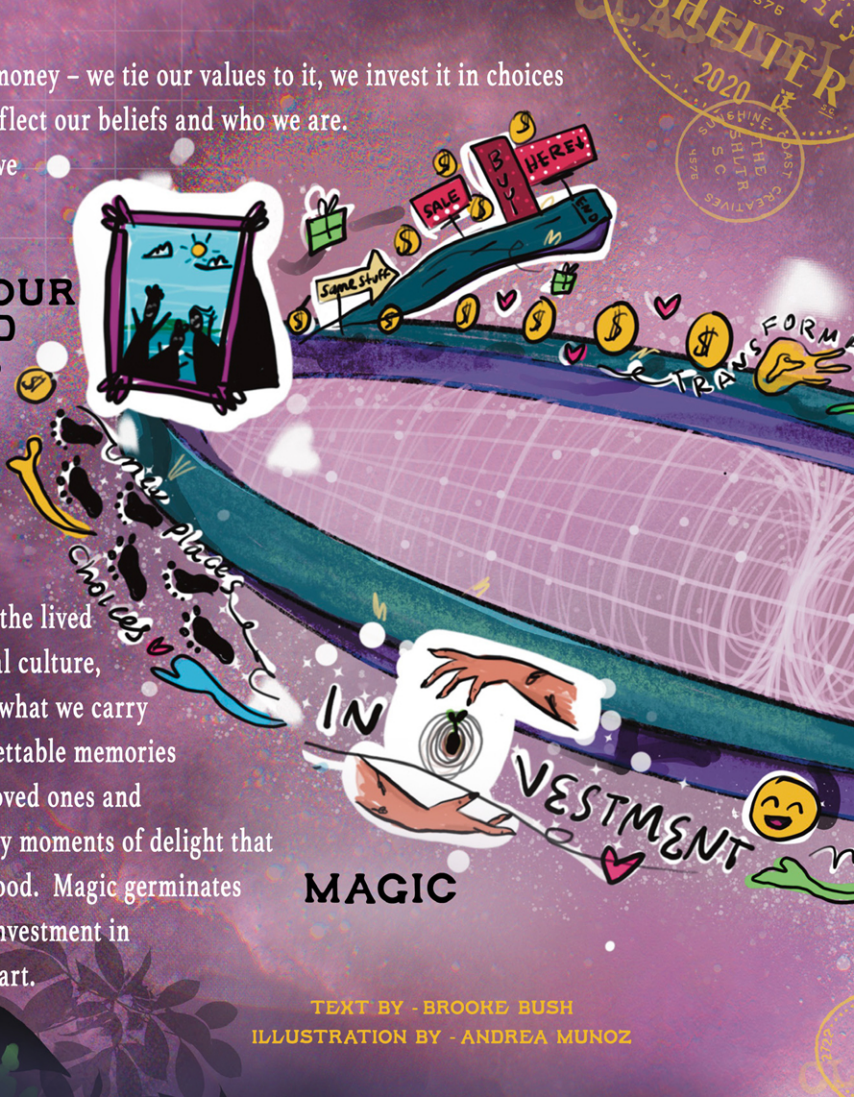
YOU & YOUR LOVED ONES

We find magic in the lived experience of local culture, and this magic is what we carry with us in unforgettable memories tessellated with loved ones and smiles – in sensory moments of delight that we seek out like food. Magic germinates the seeds of our investment in local culture and art.

MAGIC

TEXT BY - BROOKE BUSH

ILLUSTRATION BY - ANDREA MUNOZ



WHERE MONEY GOES CULTURE FOLLOWS

ARTISTS & MAKERS



Art and cultural production is a service to everyone. Artists give their skills, time and emotion to all of us, celebrating our diversity and innate ability to create and speak across multiple platforms, issues and spaces.

CULTURE

Art informs culture materially and intellectually. It consistently cycles through revolutionary waves, sprouting change and fostering community values.

THE SHELTER ^{3.5}

We would like a moment to express our gushing passion for culture – our many places where we find happiness in ourselves and others, in among an intricate and complex web of life. Such life begins in many times, cultures, and localities, and at present our lives are hinged on financial conditions.

Money talks – it speaks our values, and if invested consciously, it will uphold them.

It has this innate ability in our world to demand power, allowing us the choice to redirect power into hands and places that align with us. Money should flow – it should trickle through the various layers of our local culture and leave small puddles at the homes of as many individuals as possible. A money-stream for the betterment of the one, and the collective.

On the Sunshine Coast, we are immersed in art and culture. It connects us – inspires us. To us, creative production is vital; absolutely crucial; undeniably essential! to inform ideologies, craft the material, and nourish the existential. It gives a microphone to a diverse range of voices and ideas, providing a foundation for a culture which is ever evolving, conversive, and representative of the whole community. For this we need creatives, and these creatives need an income to allow time for art, to let it bloom or burst into the magnificence of an enduring artefact: into a gift for everyone.

We are all – in parts – culture seekers. Culture holds our hands, and those of our loved ones and neighbours; it threads us together, keeping us warm under a cultivated blanket of belonging. It cycles out of mouths and becomes words; it splashes onto canvas in thick colours, and bursts through bar windows to sing itself through crowded streets, touching each individual in a different way.





Money Culture

It's this unique difference that makes art indispensable, where a story can tickle the senses, and travel through the interpreter's mind to reemerge as conversation, or to be kept as a memento. We seek this culture like street food – we pay its necessary price so that it can (in return) feed our soul.

This is where we find magic, in an unforgettable theatre tragedy with your partner and a fist full of tissues; where the heart-strings tug to a plucked guitar and spoken word poetry; or the laughter of friends in a warehouse whose walls are hung with art: punk music on canvas, asking that we recycle. We shift through the magic that bubbles out of learning and conversation, of meeting a new friend, and gifting an old one to a hand-made hat. We consume culture and art like beer, in a tingly happiness shared with the ones we love the most, writing and rewriting memories and experiences which shape who we are, and who we are proud to be.

As culture seekers, we invest in our own happiness – we mould it like clay in our fingers. We fund community culture; we feed it to see it to grow, and flower, and pollinate on the banks of creativity. Then we sit with the steam, and the distinct scent of the flowers, and contemplate all that we have seen. Here we find a shared bliss, a version of sanity and self-care that binds us together with loved ones and other people – all wearing a smile, or a frown, or a costume, depending on where your stream flows, of course.

Text by Brooke Bush

Illustration by Andrea Muñoz



Although they might sound different at first, science and art are constantly acting together. Science involves creativity to solve and express the understanding of a problem or reality and art is always experimenting with new materials and technologies to share different perspectives.

As Bronowski stated, "There is likeness between the creative acts of the mind in art and in science".

Photo: Gram stained *Clostridium tetani* cells under light microscope (1000X magnification).

Image and text by Dr. Nicolas Eugenio Zaragoza - @uulmo

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SOCIAL ENRIQUE TE.



SAM HAGEN

Founder, Director, DP, Editor.

Jandamarra Cadd's story



"I love making beautiful images, solving problems and sharing stories that explore the things we all share rather than what separates us. Stories connect to the heart to help move the mind. For me, stories make me better understand others, and be a better human being."

Sam Hagen.

The Human Story have a short documentary in the making on the story of Yorta Yorta and Dja Dja Warung artist, Jandamarra Cadd. This project was created as part of 'The Old Lockup' artist residency, this project has been commissioned by Sunshine Coast Council. On certain days the Old Courthouse building in Maroochydore was open to the public and you could go inside and watch the renowned artist while he paints, reflects, and remembers.

Coincidentally, the lockup was the first place of incarceration Jandamarra experienced at the age of thirteen. This film follows his personal experience in the juvenile justice system, and subsequently, his introduction to art through the gift of a paint brush from a social worker – this, he said, gave him an outlet of expression.

Sam Hagen, the talent behind The Human Story, says the film will explore the over representation of Indigenous Australians within the prison system among concepts of rehabilitation, identity, belonging and the therapeutic power of art. The film investigates notions of identity, how rehabilitation is antithetical to prison, and instead of self-expression and honesty, one must adopt the face of someone they are not in order to survive – this was Jandamarra's experience. It visits intergenerational trauma and its long-standing and devastating effects within the community as well as the role of pain and trauma in informing art.

The
Human
Story

Text and Images by Sam Hagen - @thehumanstory.film

Artist, Jandamarra Cadd - @jandamarrasart

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DEMI CASHA



SHLTR: What is your favourite word?

DEMI: Dawggie

SHLTR: What is your biggest source of inspiration?

DEMI: Playing and adventuring in the natural world.

SHLTR: What's your worst quality? Please share with us, something you don't like about yourself and you work hard to change.

DEMI: Probably that I worry too much. Every day, little by little, I push myself out of my comfort zone and that helps. It's taken me a long time to get to where I am today, I have learnt a lot about how to deal with worrying too much about the small things in life. I finally live my best life and will continue to do so.

SHLTR: What's your best virtue?

DEMI: Determination

SHLTR: What do you want share with us? Your special message.

DEMI: I write about many topics, mostly messages and reminders to us all (myself included). But my main message is to bring our awareness back to our true, authentic, beautiful selves. Whilst living in this complex time, being bombarded by media telling us what to wear, what to buy, what to like, what not to like, and so on and so forth... I became lost. But I re-gained my power, my confidence, my self-love, and I returned. I returned back to who I truly am. Whilst I am forever learning, this is what I want to share with the world.

Demi Casha announces her debut album and single "Return" to be released in February 2021.

Allow her to take you on a journey to explore the places of the unknown, the questionable and the desirable. Throughout these adventurous tales, weaved between folk rock guitar and a stark rhythm section, she shares her message of self-love, hope and togetherness.



@demicasha



Photo by Bec Walker
@sunshinephotographyaustralia



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HOLLY MILNER

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DEADLY ESPRESSO & SEVGEN

SevGen is short for Seven Generations – an Indigenous way of thinking that says we must consider that our actions and deliberations of today will affect our people seven generations into the future, whilst drawing on the wisdom of seven generations past – a not for profit charity organisation.

For the last eight years, SevGen has created wellness through connection and relationships, and endorsed community investment through enterprise, education and entrepreneurship.

SevGen's founder, Terri Waller, is the creator and manager of the social enterprise venture the Deadly Espresso Group which has Deadly Espresso in Noosa - Coffee & Country, Deadly Espresso in Peregian - Coffee & Digital Technologies and Deadly Espresso on Walkabout - Coffee & Culture.

The first establishment, Deadly Espresso in Eumundi - Coffee & Community, functions as a bush tucker garden, hospitality training academy, home-base for SevGen, and a social space hosting cooking classes and an array of community development activities.

Craftswoman Jill Bradley, a Thursday 'Makers Market' regular, says Deadly Espresso celebrates Indigenous culture, creativity and social interaction – it provides an opportunity for learning, recycling, teaching and relaxing.

www.sevgen.com

@sevgen_

@deadlyespresso



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CULTURE SEEKERS



Drawing from SevGen's progressive achievements, Jill discussed the importance of up-skilling and creativity in our capitalist economy: to pave paths for micro-businesses as means of income, community engagement and as exemplars of sustainable practice.

'I started coming here to crochet with a group of likeminded people. Now I'm working on this idea of making beads, I was working in recycling denim and turning them into beads – into jewellery.'

Something that resonated with us was Jill's drive toward sustainability and paying it forward: 'if I don't share [the skills I have] they will go to waste, won't they?'

Terri and Jill discussed a new art project – the recycling of unwanted or damaged Indigenous art into beads as a way of up-cycling and preserving the original stories that were captured on canvas.

'This particular painting here talks about kangaroo dreaming...it has a story.'

In addition to Deadly Espresso, SevGen also runs the salt & pepper company 'Salt', who is developing a skincare range, and has a multitude of other exciting community projects in the pipeline.



1/79 Memorial Dr, Eumandji.



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GUSTAVO RUGELE G.



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ANDREA KIRWIN



To bloom is to thrive where you are planted.

Andrea Kirwin's new album, *Bloom*, sees Andrea bringing on her biggest collection of talent yet, The Yamanui Social Club, and is scheduled for full release in May, 2021

BY JORDAN LAWRENCE

For Nambour-based singer-songwriter, Andrea Kirwin, blooming is not just the concept of her upcoming album, but how she sees the process of artist expression.

With years spent writing, performing and producing music on the Sunshine Coast, Andrea has grown consistently toward the light - and shined it back on her community in the process.

'My beautiful fiancé Claire's daughter Charlotte was studying floristry,' Andrea says, with a smile.

'For a year, she was filling the house with flower bouquets. It was such a joy to have them around. I kept drawing flowers, thinking about flowers, and eventually wrote the title-track, 'Bloom' which sparked the project.'

Bloom won't be available for streaming. Instead, Andrea has opted for traditional hardcopies - CDs, vinyl, physical singles - as well as digital sales on Bandcamp. This is part of a broader push by the Australian-Fijian songwriter to maintain grassroots enthusiasm and down-to-earth authenticity in the local music scene.



Her single 'Firenze' will debut in early 2021, with a special livestream on January 26th featuring first nations artists, Georgia Corowa, Deline Briscoe and Lydia Fairhall.

As head of Peace Run Records & Agency - an independent label, music teaching studio and livestream boutique - Andrea has built a career promoting artists and singer-songwriters from across South East Queensland and beyond, in what she refers to as 'a circular economy of artists supporting artists'.



'For a year, she was filling the house with flower bouquets. It was such a joy to have them around. I kept drawing flowers, thinking about flowers, and eventually wrote the title-track, 'Bloom' which sparked the project.'

Bloom sees Andrea bringing on her biggest collection of talent yet, The Yama-nui Social Club.

'One of my favourite bands is the Buena Vista Social Club. It's all these people in their 70s, 80s and 90s who've been playing together for decades. That's what I wanted for my band.'

@andreakirwin - www.andreakirwin.com.au





Ultimately, Andrea aims to share a positive image of Nambour with the rest of the world—showcasing all the talent, influence and support she's discovered there. She has also filled the album with love songs inspired by her fiancé Claire, who she refers to as her muse. Support Andrea Kirwin on Patreon for early access to tracks, or pre-order the album in January to receive it on Valentine's Day!



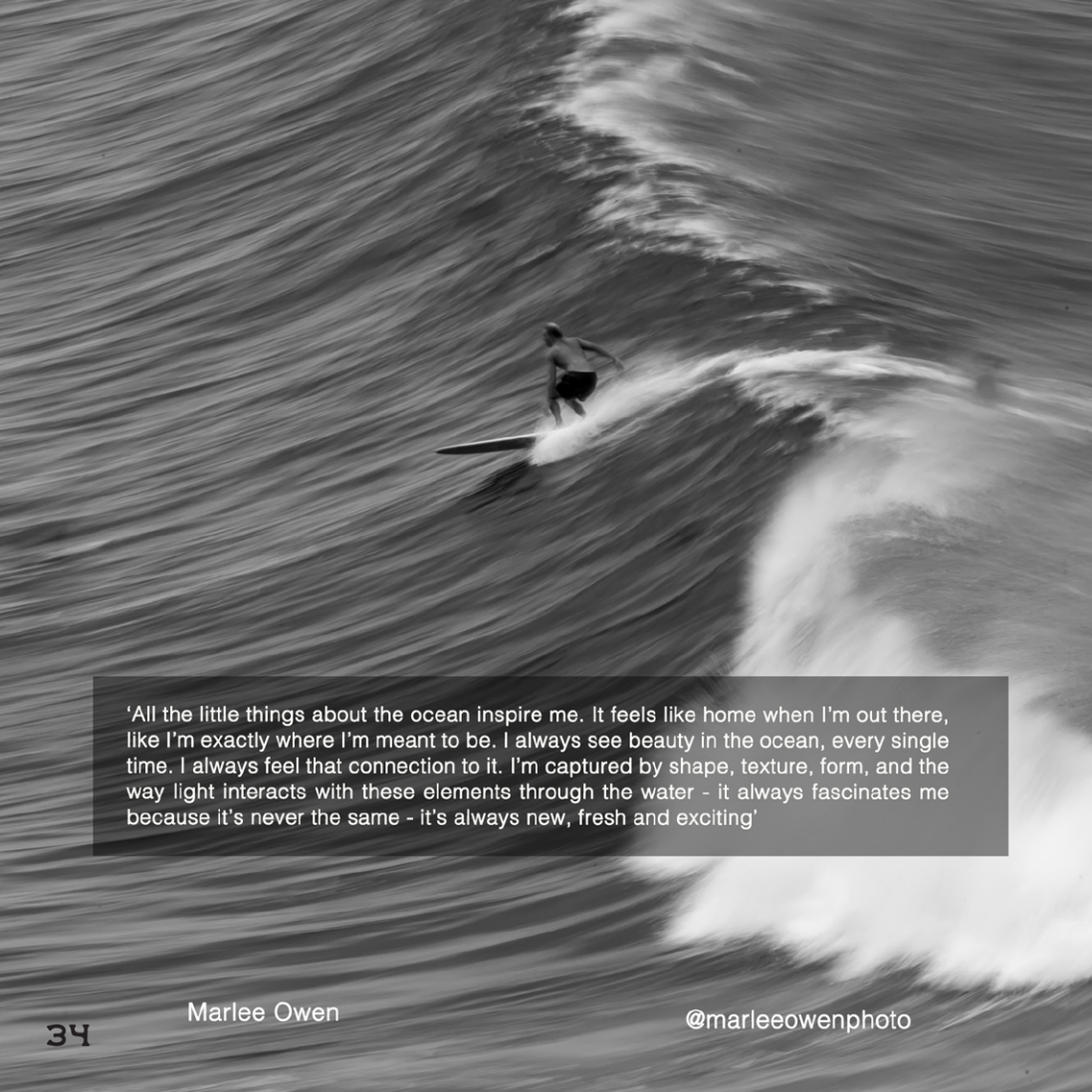
CREDITS

Andrea Kirwin on vocal, cigar box guitar and armonica
Brett Orr on drums
OJ Newcomb on bass
Brodie Graham and Tristan Rowley on electric guitar
Ant Aggs on keys
Zac Hurren and Dylan Tahana on saxophone
Angela Limura on back up vocals
Louise King on cello
Sarah King on violin
Claire Evelyn on harp
Tanja Hafenstein on percussion
Neelam Jyotika set assistant
Florist artistry by Tia Carrigan assisted by Charlotte Evelyn
Mica Schettini photography and production

PETA O'HARA
THE BUTINER



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'All the little things about the ocean inspire me. It feels like home when I'm out there, like I'm exactly where I'm meant to be. I always see beauty in the ocean, every single time. I always feel that connection to it. I'm captured by shape, texture, form, and the way light interacts with these elements through the water - it always fascinates me because it's never the same - it's always new, fresh and exciting'

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WARWICK GOW



Solace



Jacob Ford

A big part of my practise is defined by how we interact with places and people differently, the influence that this place has on the personality and presence, is usually what directs my art. My main purpose is in creating safe spaces for people to completely be themselves. Whether in in the confines of a studio styling or by using dramatic landscapes as a backdrop, I encourage something honest and vulnerable in a safe and supportive way.

Out of school I thought I wanted to be a paramedic but somehow fell in love with photography after inheriting my dad's old film camera back in 2009. Photography to me is about giving a voice to others, it's about encouraging people to be themselves wholly and without fear.

Photography has always been about building communities and connecting the people around me. While at university I tried running a magazine to help elevate my peers, especially those who were based locally. But even so now, I enjoy curating work that not only inspires me but also follows similar ideals to my own. For all the pitfalls of social media it's an amazing tool to curate and share work you love to new audiences. I feel that in sharing other artists work it also helps to solidify its existence for a moment longer even if it's just an extra twenty-four hours. It all comes back to my idea of photography as a way to connect and elevate the people around me.



Shani Finch



Red Tent Group

@warwickgow
www.warwickgow.com



WHERE WE EXIST

This place is where water visits the ins-and-outs of our bodies; it falls fresh upon our smiles in summer storms and shapes around our limbs as we float over swell in twilight. A turtle's beak gasps for air next to a surfer – all of us drift in the meandering currents. Above, the bird's eye can see a medley of textured colours arranged thematically like paint swatches– they pattern into nature's diverse suburbs. At the edge of this land is the ocean, rippled and reflecting the hot sun; past the reach of the salt-winds are forest settlements. Here, water rushes past sunning skinks and bearded dragons – it tinkles sound and light as it splashes over rocks. We stand breathless on the resilient granite platform, a natural lookout over a panoramic valley. The steaming rainforest is tessellated with palms, blackbutts and ferns – I can hear the whip-birds and the irrepressible energy of the falls. We blink and exist in this circular funnel of nature – inseparable from the fragments of sunlight that shift across the quilt of leaves cushioning our soles. The arms of the forest shelter and embrace us, our lungs ask for their oxygen as they cycle, and re-cycle. Insects hum – a backdrop for the candied melodies of birds who layer into song with crickets and cicadas. A chorus of leaves descend upon us in waves. I walk in slow awe next to shaggy paperbarks and their smooth elders, travelling under communities of eucalypts who hold hands in the canopy above. In the humidity, I feel soft and woven into the inextricable web of life, in this place where you breathe and we all exist.

Text by Brooke Bush

Art by Caitlin Anna - @caitlin__anna





Located on Reserve Street in Pomona, 'This Bird' is a working art studio, floristry and shop. Full of fun and unique colorful items created by Tia Carrigan.

The concept behind the creative studio is about bringing together all Tia's creative passions into one space, for customers to source organically created one-of-a-kind floral arrangements, gifts and art work.

2021 Tia's Exhibitions

- '40 UNDER 40' (GROUP) THE BUTTER FACTORY, COOROY. 15 JAN-15 FEB
- 'MAKING MY MARKS', (SOLO) RAILWAY GALLERY, POMONA. 5 MAR- 1 APR
- 'THE STORIES WE TELL OURSELVES', (SOLO) -26 MAR- 4 MAY

www.thisbird.com.au

Tia is the artist behind the magnificent flower arrangement of the cover and story of this edition.



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Illustration by Andrea Muñoz, in house illustrator.



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WE ARE YOUNG WE ARE FREE



Being a young creative is fuel freeing – inspiring and engrossing.

Everyone is creative at heart and many coasters embrace their creativity, they scream it out, all holding hands... at the top of their lungs... this brings crazy amount of creative culture to the coast. There are so many friendships which I forever will hold dear, endless opportunities and connections with like-minded and expressive people, bouncing off each other giving constant support has allowed me and many others have a ground for self-growth, improvement and knowledge. Everyone continuing to inspire me everyday to create with pride & to never think yourself down and to wear who you are like a crown.

Text by Jasmin Sharkey A.K.A BigFish, also one of the models.
Models Kaiya Ferguson- Jade Hartley-FatDog.



WATERCHILD

In Brisbane

'Letting go or holding it - that is the question and the statement. Drown and risk not being saved or be fearful and not reach a leave of peace. There is a misconception of allowing oneself to be vulnerable, allowing oneself to be open as people are so fearful of being hurt. I am drowning in the beauty of myself, the rawness of my inner self and mind.'



waterchildmag.com

[@gateoffears](https://www.instagram.com/gateoffears) [@waterchild.mag](https://www.instagram.com/waterchild.mag)



Model: Efon Victorio [@melaningoddessefon](https://www.instagram.com/melaningoddessefon).
Photography and text by Waterchild.



Photo by Mica Schettini - @mica_schettini



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SYNDICATE CREATIVE



Photo by Tasmin Delahoy - @takenbytaz

Photo by Hollie Warner - @hollye.e
Model, Katy Bedford - @katwattle

'I aim to spread vicarious joy through handmade ceramics and original pieces that bring people together through shared conversation at mealtime and gifts of something thoughtful'

Bree-anne Jeffrey

Mudita
CERAMICS

@syndicatecreativeqld
www.muditaceramics.square.site



APPLE CRUMBLE PIE

Why it's good for gut health?

BY LAURA MCCARTHY

Food is medicine and stewed apples are a delicious way to help reduce inflammation in our guts. They are a powerful antidote to those who suffer from digestive issues, IBS and bloating.

Apples are high in polyphenols which are anti-inflammatory and support our gut bacteria. Rich in soluble fibre, a known prebiotic that feeds the beneficial bacteria in our gut, when apples are cooked, they release a special form of fibre – pectin.

This recipe contains stewed apples as the centre, enjoyed with fibre filled base and toppings. Increasing fibre intake and diversity helps your gut to thrive.



RECIPE

Base

2 cups almond meal
¼ cup pure maple syrup
¼ cup melted coconut oil
¼ cup desiccated coconut
Pinch of salt

Preheat oven to 180 degrees. Add all ingredients into a large bowl and mix together until a dough is formed. Grease a baking pan or tray with a little oil or line with baking paper. Spread and press dough evenly into pan, bake for 12 – 15 mins or until light golden brown. Allow to cool before adding apples on top.

Crumble topping

1 cup oats – gluten free if possible
2 tbs of coconut oil
2 tbs maple syrup depending on desired sweetness
½ cup chopped pecans or walnuts
¼ cup desiccated coconut

Add all ingredients to a pan on low heat, stir until golden, spread evenly over apples.

Serve with coconut yoghurt.



Stewed apple centre

5 medium sized granny smith apples – keep skin on for extra nutrition (organic if possible)
1 tbs ghee/ coconut oil
2 tsp ground cinnamon
½ + cup filtered water

Wash and cut apples into small pieces. Removing core and seeds. Add ghee/oil to a heated saucepan, followed by all other ingredients. Cook until apples are soft and all water absorbed – may need to add more water.



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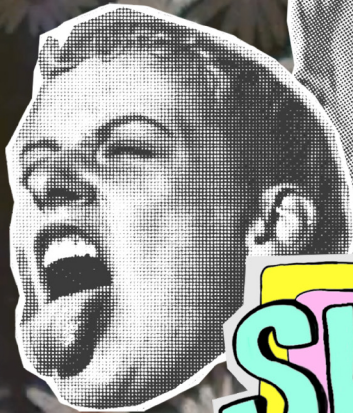
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